BRYT GENIUS NUTRITION

WHY NOOTROPICS?

There's an enormous focus on eating right for your body type. Whether you're trying to cut weight, bulk up, or tone down, there are strict, dietary guidelines that determine what you should and shouldn't be eating.

If followed correctly, your body responds, and you start to perform, feel, and function better. But, what if a similar focus was placed on eating correctly to fuel your brain?

Our nootropic does exactly that. We created BRYT with your mind in mind, and crafted a product that boosts cognition, alleviates brain fog, and increased neuronic activity. It truly is brain food.



BRAIN FOOD X 1,000

Put simply, what you eat affects the structure and function of your brain. It operates as a technologically advanced engine, which needs the proper fuel to form and fire. Give it subpar fuel, and you'll get a subpar result.

On the other hand, if you fuel it properly, you begin to get the most out of it: neuron activity heightens, memory strengthens, and cognition improves.

BRYT contains condensed profiles of the types of nutrition your brain thrives on: antioxidants, omegas and healthy fats, vitamins, and proanthocyanidins.

HIPO IS JUST A SIP AWAY



HIGHER, NEUROLOGIC ACTIVITY

BOOSTED CREATIVITY
INCREASE, INNER ENERGY

KEY INGREDIENTS

L-THEANINE

Derived from green and black tea, studies have proven this amino acid to increase alpha-brain waves. It also allows your body to recover, rest deeper, and energize.

LION'S MANE

This high-power mushroom has been proven to increase neurological activity within the cognitive portions of the brain. Increased neurological activity means higher brain function, great memory capacity, and more.

PINE BARK EXTRACT

Pine Bark Extract is a widely-used nootropic. With antioxidant and anti-inflammatory composition, it fights oxidation within the mind to increase cognitive efficiency and decrease brain fog.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 3

rignts re		Amount Per Serving	% Daily Value
	Vitamin C (as asorbic acid)	108 mg	120%
₹	Niacin (as niacinimide)	32 mg	200%
ja j	Vitamin B ₆ (as pyridoxine HCI)	3 mg	176%
₫	Vitamin B ₁₂ (as methylcobalamine) 70 mcg	2917%
nternational	Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%

Caffine	75 mg	*
L-Theanine	100 mg	*
N-Acetyl L-Tyrosine	50 mg	*
Bacopa Monniera Extract	200 mg	*
Beta Alanine	75 mg	*
Lions Mane Mushroom Powder	75 mg	*
Green Tea Extract	25 mg	*
Watermelon (citrullus lanatus) Seed Powder	75 mg	*
Coconut Powder	50 mg	*
Chia Seed Powder	50 mg	*
* Daily value not established		

Other Ingredients: 100% pure Hypromellose (capsule), Magnesium stearate, Silica. Siliphos® is a registered trademark of Indena®.

RECOMMENDED USE: As a dietary supplement, take 1 per day.

STORAGE: Store in a cool, dry place.

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